Blanca R. Bertrand, MS, LAMFT.

Education:

1. Arizona State University: Bachelors of Arts in Elementary Education, 2000. Specialization in English as a Second Language.

2. Fuller Theological Seminary: Master of Science in Marital and Family Therapy, 2015.

Training on Issues of Abuse:

Obtained over 20 hours of training on issues of abuse, trauma, and recovery. 2007 to 2011 through Mending the Soul Ministries.

Experience and Presentations In Mexico

1. Worked for over three years with victims of abuse and domestic violence in two shelters, 2007-2011.
2. Participated and presented at a three- day conference on abuse training to the general public in Cabo San Lucas, Mexico, 2010.
3. Presented for two- days at a conference on sexual trafficking of children, effects of abuse, and impact of trauma in victims' lives, Mexico City, 2011.
4. Presented on a one- day, 8 hour training to caregivers of sexually trafficked children on trauma and the impact it makes on them. Training also included two hours of training to caregivers on how to properly care for past sexually trafficked children in-group homes. Two hours of training focused on self-care for the caregivers. Conference took place in Mexico City, December 2011.
5. Presented a one-day training to pastors, missionaries and youth leaders in Mexico City on self care. Training focused on providing trauma group work during conference to the caregivers. Mexico City, May 2012.
6. Presented a one-day, 8 training to therapists, pastors, missionaries, and the public on the impact of sexual abuse on children. Material for training lectures was taken from various

sources, including Dan Siegel, and Bruce Perry. May 2015, Cabo San Lucas, Mexico.

Play Therapy Training

1. Play therapy conference, Northwest Center for Play Therapy Studies.
Training included:

a. Dr. Dee Ray, "Progress and Supervision in Play Therapy for both Children and Therapists. **(6 CEU's).** June 4th, 2014.
b. Dr. Evangeline Munns, "Theraplay: "Attachment-Based Play Therapy**." (6 CEU's**). June 5th, 2014.
c. Dr. Sue Bratton, "Playful Therapy for Children with a History of Interpersonal Trauma and Attachment Difficulties: An Integrated Approach." (**6 CEU's).** June 6th, 2014.
d. Play Therapy with Board Games: An Effective Therapeutic Asset." (4 CEU's).
e. Dr. Gary Landreth, "The Art of the Relationship in Play Therapy: Deeper Issues in Play Therapy". **(6 CEU's**). June 3rd, 2014.

2. **Arizona Association for Play Therapy**, "Hitchhikers' Guide to Planet Earth: Play Therapy Assessment and Treatment of Children on the Autism Spectrum." February 20-21, 2015. By Dr. Brenda Bierdeman. **(13 CEU's)**

3. **Arizona Association for Play Therapy**, "The Neurobiology of Play Therapy: How to improve our Practice. February 5-6, 2016. **(13 CEU's)**

4. **Arizona Association for Play Therapy,** "The Ethics of Play Therapy in a Changing World. Play Therapy for the Anxious Child. Adventure Based Therapy with teens and Tweens". February 17-18, 2017. **(13 CEU's)**

Therapy with Immigrants and Refugees.

1. Seeing the Wounds Others Miss: Health Care of Refugee and Immigrant Torture Survivors. By Dr. Mara L. Rabin. July, 2014. **(4 CEU's.)**

Emotionally Focused Therapy

1. The New Science of Attachment, EFT and Highly Conflicting Couples. By Dr. Sue Johnson. (4 CEU's). October 31st, 2014.

Sand Tray Play Training

1. Sand Tray Play Therapy-Level 1
   Basic Methods and Skills for Sand Tray Play Therapy. Instructor: Roban Kubic, MS, LPC. Date: April 19, 20, 21st. 2016. **(13 CEU's)**

2. Sand Tray Play Therapy-Level 2
   Symbols and Stories in Sand Tray Play Therapy. Instructor: Roban Kubic, MS, LPC. Date: June 13-14, 2016. **(13 CEU's)**

Eye Movement Desensitization and Reprocessing. EMDR.

1. Weekend 1 of EMDR Basic Training. Presented by Curt Rouanzoin, PhD. October 16-18, 2015. EMDR Institute. (**20 hours)**
2. Weekend 2 of EMDR Basic Training. Presented by Curt Rouanzoin, PhD. July 22- 24, 2016. EMDR Institute. (**20 hours)**

EMDR-Sand Tray Protocol

1. EMDR Sand Tray Protocol with Children and Adolescents. Presented by Ana Gomez, MC, LPC. By Agate Institute and EMDR Institute**. (40 hours) August 2016.**

EMDR Therapy with Children and Adolescents with Dissociation.

1. Ana Gomez Agate Institute-Healing the Wounded Child: EMDR Therapy with Children and Adolescents with Dissociation. Online training, Interactive. Presenters: Frances S. Waters, DSCW Module 1 and 2. Ana Gomez, MC, LPC Module 3 and 4. April 2017. (**12 CEU's)**